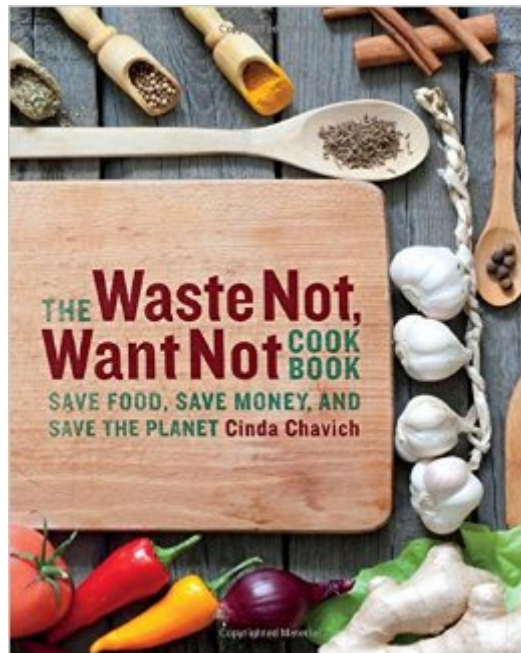


The book was found

# The Waste Not, Want Not Cookbook: Save Food, Save Money And Save The Planet



## Synopsis

Imagine going to the supermarket, buying three bags of food, dropping one in the parking lot, and then driving away. We all do the equivalent of that every single week. Food waste is a huge global issue "we are not only wasting precious resources but also harming our planet. The Waste Not, Want Not Cookbook shows that you can shop, cook, and eat with zero waste.

## Book Information

Paperback: 288 pages

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Average Customer Review: 3.3 out of 5 stars See all reviews (3 customer reviews)

Best Sellers Rank: #428,996 in Books (See Top 100 in Books) #236 in Books > Cookbooks, Food & Wine > Cooking Methods > Budget

## Customer Reviews

Recipes are okay but nothing special. The "waste not" tips are absolutely nothing special or anything you can't get from either a google search or your common sense. I don't need to but a book to tell me to freeze extra food.

very useful tips start off this book, (although I've had free range eggs I've used past 4 weeks that were perfectly fine)What I did like about it is that it has a page that tell use how to store, great uses for individual ingredients. for example organic carrots which are super cheap at Costco 10 lbs for under \$5. I just made the carrot sesame hummus which was really yummy. I've got a lot of cherry tomatoes almost ripe, so I'll be getting lots of use from Cinda's suggestions.

Some really great and unusual recipes in this book

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The Waste Not, Want Not Cookbook: Save Food, Save Money and Save the Planet Never Out of Season: How Having the Food We Want When We Want It Threatens Our Food Supply and Our

Future Debt-Free: How to Get Out of Debt To Your Road Towards Financial Freedom (Get Out of Debt, Budgeting Money, Save Money, Credit Card Debt, Wealth Management, Credit Control, Money Tips) Solar Power: How to Save A LOT of Money the Easy Way (Solar Power, Save Money, Solar Energy, Solar, Sustainable Energy, Sustainable Homes, Sustainability) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Feedstock Recycling and Pyrolysis of Waste Plastics: Converting Waste Plastics into Diesel and Other Fuels Geoenvironmental Engineering: Site Remediation, Waste Containment, and Emerging Waste Management Techonolgies Vegan Eating: 31 Steps to Become a Vegan: It is not Just About the Food - You Want to Be Healthy, Fit and Change your Diet. Here's How you do It (Health, Vegan Food, Green and Lean) 100 Exotic Food Recipes (Puerto Rican Food Recipes,Picnic Food RecipesCaribbean Food Recipes,Food Processor Recipes,) Mi Primera Lonely Planet Londres 1 (Lonely Planet Not for Parents) (Spanish Edition) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Waste and Want: A Social History of Trash The Adobo Road Cookbook: A Filipino Food Journey-From Food Blog, to Food Truck, and Beyond [Filipino Cookbook, 99 Recipes] Sports Betting: The Secret System to Success and Make Money (Win Money Betting System) (Sports Betting, Make Money, Betting Strategy) Island Style Cookbook: Guam's Favorite Soups, Tasty Guam Recipes, Wonderful Chamorro Island Food , Exotic Guam Cookbook Of Soups, Enjoy Awesome Chamorro Guam Food From This Island Cookbook How to Make Coffee So Good You'll Never Waste Money on Starbucks Again (The Coffee Maestro Series Book 1) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Not Your Parents' Money Book: Making, Saving, and Spending Your Own Money Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) Raising Twins: What Parents Want to Know (and What Twins Want to Tell Them)

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